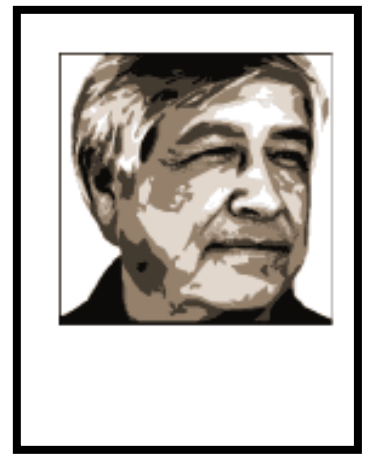


Club Chavez

Cesar Chavez Middle School

After School Academic Enrichment Program
Pajaro Valley Unified School District, Student Services



Cesar Chavez Middle School
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Watsonville CA, 95076

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Site Background

Club Chavez afterschool program serves students from Cesar Chavez Middle School in the Pajaro Valley Unified School District. The program serves over 200 sixth through eighth graders daily in the community of Watsonville, California.

- Club Chavez began operation in the fall of 2007 after receiving both the ASES and 21st Century funding.
- In September 2009 PVUSD was named Central Coast Governor's Challenge District of the Year in large part due to the healthy contributions of Fitness4Life.
- In January 2009 Club Chavez was named a Healthy Behaviors Learning Center. More information about the Healthy Behaviors Initiative is available at <http://www.afterschoolsolutions.org> or by calling (916) 567-9911, ext 19.

After School Initiatives:

Club Chavez provides a well rounded after school wellness program. Students who participate in Club Chavez take part in a Comprehensive Program. Club Chavez is composed of 3 focus areas: Academic Intervention, Enrichment and Healthy Environment. Weekly students take part in physical activities and nutrition-based programs that promote healthier lifestyles. Club Chavez is dedicated to developing skills in youth for a healthier future. Physical activities include swimming, biking, salsa and hip-hop dance, sports, soccer, exercise and fitness, and table tennis.

Student Selection

Students are recruited to Club Chavez by the after school program site coordinator or can be recommended to the program by school nurses, teachers or guardians. Participating in Club Chavez is free. Students are identified via the California Standards Test results, Accelerated Reader STAR results, intervention-identified student, teacher recommendation, parent request and open enrollment.

Number of Students Served Daily: 210

Staff to student ratio: 1:20

Academic student ratio: 1:15

Number of full time credentialed staff: 1

Number of Cesar Chavez Middle School credentialed staff working in Club Chavez part time: 16
Number of classified staff: 10

Demographics

Students

KEY FACTOR	OUR SCHOOL	COUNTY AVG	STATE AVG
Number of students	566	453	605
English Learners	44%	21%	20%
Low-income students	79%	42%	55%
Students whose parents attended/graduated college	22%	67%	55%

SOURCE: 2008 CEBES data, California Dept. of Education. County and state averages represent middle schools only.

Club Chavez is run by one full time Site Coordinator. Teachers, instructional assistants and enrichment specialist are also hired to provide academic support (tutoring, interventions and homework help) and enrichment classes. Volunteers are provided by local high schools.

Hours of Operation

Club Chavez runs from the end of the school day until 6:00 pm every day.

Club Chavez Nutrition and Physical Activities!

Weekly, 25 Club Chavez students are bused to the local high school to have a chance to work out in the gym, swim, learn nutrition education and play table tennis. Since opening in 2007, over 250 Club Chavez students have taken part in the District's Annual Fitness 4 Life Triathlon.

Three times a week Club Chavez students train with Fitness 4 Life in a variety of physical fitness activities. These sixth through eight graders, explore a variety of physical activities weekly including; biking, swimming, table tennis, sports, dance, games and hands-on nutrition education. Fitness 4 Life students are becoming more physically fit and adopting healthy eating patterns. Throughout the year, physical activities are integrated into program components to help students prepare for the triathlon experience and encourage them to adopt healthier lifestyles.

The impact is extremely positive both for the students and the overall after school programs. Students report greater confidence, improved physical abilities and a more positive outlook on life.

Community Partnerships

- Healthy Start
- Mariposas Art
- Education, Training and Research Associates
- Second Harvest Food Bank
- Salud Para la Gente
- Diabetes Center
- Alba Farms
- Live Earth Farm
- United Way Santa Cruz County
- Go for Health!